

Alexander Waits, PhD

Assistant professor

Education:

2016-2019 – PhD in Public Health, National Yang-Ming University, Taiwan

Dissertation: “Gestational weight gain, birth weight, breastfeeding and postpartum weight retention: 2011-2016 Taiwan national surveys”

2014-2016 – MSc in Public Health, National Yang-Ming University, Taiwan

Thesis: “Acupressure effect on sleep quality: A systematic review and meta-analysis”

2009-2012 Acupressure and Traditional Chinese Medicine, Open University, Israel

2001-2003 Music therapy and teaching certificate for special education, David Yelin Teachers’ college, Jerusalem, Israel

1996-2001 BA in Psychology, Hebrew University of Jerusalem, Israel

Work:

2020 - now – Assistant professor. National Yang Ming Chiao Tung University, Institute of Public Health; adjunct to Tao Yuan General Hospital

2019-2020 – Postdoctoral research fellow. National Health Research Institutes, National Institute of Environmental Health Research

2014-2018 – Research assistant. National Yang-Ming University, [International Health program](#), Taiwan

2011-2012 – Instructor assistant. Workshops for health care workers/teachers to contain violent behavior of patients/students, “Containing Moves”, Israel

2003-2010 – Group and individual psychotherapist, case manager. Expressive arts therapy center for children with special needs, “Misholim”, Israel

2002-2005 – Care giver. Residential treatment program for children with special needs, “Bnei-Brit”, Israel

1997-2001 – Care giver and care givers coordinator. Resident home for maltreated children awaiting adoption - “A Home for Every Child”, Israel